



Kobayashi Ryu Aikido
Accademia di Aikido e Cultura Tradizionale Giapponese



Aikishintaiso

BREAKING FREE FROM HABITS

Held by
Cognard André Hanshi

SANREMO Liguria, Italy
20th and 21st June 2026

Saturday 20th	10:00 am - 12:00 pm 4:00 pm - 6:00 pm	Entire course 80 EURO Saturday 60 EURO
Sunday 21st	10:00 am - 12:00 pm	Single course 40 EURO

Dojo Byakko Tai - www.byakkotai.it
Strada Solaro 129, Sanremo (IM) <https://maps.app.goo.gl/fLfj7KdzVtvkV2zw8>

[Click here to register!](#)

For further information:

Valerio Celani: ph nr. 328 541 41 81, e-mail: segretario@aactg.it
Amélie Nottebohm ph nr. 347 408 2276 e-mail anottebo@gmail.com

General infos

- The course is open to everyone, even beginners!
- You must be in compliance with the insurance regulations for practicing non-competitive sports.
- Get a jo and ken; for those who do not have them, they will be provided on site.
- To practice, it is sufficient to wear a gym suit or a dogi.

Registration

For organizational reasons, if you wish to participate in the course, please **register at the [LINK](#)** specifying the methods of participation and also whether you intend to stay overnight in the dojo and participate in the dinner.

Please take care to inform us in case of changes

Accommodation

It is possible to sleep in the dojo by bringing a sleeping bag.

For those with a camper, it is possible to park in the dojo parking lot.

Sanremo is located on the Ligurian Riviera and therefore it is a tourist area, equipped with campsites, hotels, B&Bs, Agritourisms, with the possibility of renting apartments or single rooms.

* For information: www.info-sanremo.com

Saturday's dinner

A dinner together is planned for Saturday evening at a local restaurant, expected **cost 60 euros (payment on site)**. It is necessary to specify your participation in the dinner in the general link for registration to the course **by June 17th**.